L-72519 - 7882 (21-26)

Ossining Rockland

Channel Guide Lineup

Effective Date March 1, 2025

optimum.

Networks	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
Cheddar News (HD Only) HD	1		●	●	●	●	●	●
CBS (WCBS) HD	2	●	●	●	●	●	●	●
ION (WPXN) HD	3	●	●	●	●	●	●	●
NBC (WNBC) HD	4	●	●	●	●	●	●	●
FOX (WNYW) HD	5	●	●	●	●	●	●	●
Univisión (WXTV) HD	6/1004	●	●	●	●	●	●	●
ABC (WABC) HD	7	●	●	●	●	●	●	●
PBS (NJTV) HD	8	●	●	●	●	●	●	●
My9 (WWOR) HD	9	●	●	●	●	●	●	●
Trinity Broadcasting Network HD	10	●	●	●	●	●	●	●
CW (WPIX) HD	11	●	●	●	●	●	●	●
News 12 Hudson Valley HD	12	●	●	●	●	●	●	●
PBS/Thirteen (WNET) HD	13	●	●	●	●	●	●	●
i24NEWS HD	14		●	●	●	●	●	●
Public Access	15	●	●	●	●	●	●	●
Telemundo (WNJU) HD	16/1007	●	●	●	●	●	●	●
UniMÁS HD	17/1005	●	●	●	●	●	●	●
HSN HD	18/147	●	●	●	●	●	●	●
WRNN HD	19	●	●	●	●	●	●	●
WMBC HD	20	●	●	●	●	●	●	●
PBS (WLIW) HD	21	●	●	●	●	●	●	●
NYC Life HD	22	●	●	●	●	●	●	●
MSNBC[2] HD	23		●	●	●	●	●	●
CNBC HD	24		●	●	●	●	●	●
CNN[2] HD	25		●	●	●	●	●	●
FOX News Channel HD	26		●	●	●	●	●	●
Discovery Channel[2] HD	27				●	●	●	●
TLC HD	28				●	●	●	●
Food Network HD	29		●	●	●	●	●	●
HGTV[2] HD	30		●	●	●	●	●	●
MeTV (WJLP) HD	33	●	●	●	●	●	●	●
TV Land HD	34				●	●	●	●
TNT[2] HD	37		●	●	●	●	●	●
USA Network HD	38		●	●	●	●	●	●
TBS HD	39		●	●	●	●	●	●
FX HD	40		●	●	●	●	●	●
Paramount Network HD	41			●	●	●	●	●
WE tv[2] HD	42			●	●	●	●	●
AMC HD	43			●	●	●	●	●
Bravo HD	44		●	●	●	●	●	●
Lifetime HD	45			●	●	●	●	●
A&E HD	46				●	●	●	●
History[2] HD	47				●	●	●	●
QVC HD	48	●	●	●	●	●	●	●
Freeform HD	49		●	●	●	●	●	●
Comedy Central HD	50			●	●	●	●	●
E! HD	51		●	●	●	●	●	●
VH1 HD	52				●	●	●	●
MTV HD	53			●	●	●	●	●
BET HD	54			●	●	●	●	●
MTV2 HD	55				●	●	●	●
Animal Planet[2]	57				●	●	●	●
truTV HD	58		●	●	●	●	●	●
CNN Headline News[2]	59		●	●	●	●	●	●
News 12+ HD	61	●	●	●	●	●	●	●
The Weather Channel HD	62		●	●	●	●	●	●
New York 1 News (HD only) HD	64			●	●	●		●
C-SPAN[7]	65	●	●	●	●	●	●	●
Turner Classic Movies[2] HD	67				●	●	●	●
Government Access[7]	78	●	●	●	●	●	●	●
WLNY HD	79	●			●	●	●	●
Syfy	80		●	●	●	●	●	●
Oxygen True Crime HD	81		●	●	●	●	●	●
NewsNation HD	82				●	●		●
IFC HD	83					●	●	●
WZME MeTV+	84	●	●	●	●	●	●	●
WZME StoryTV	85	●	●	●	●	●	●	●
fuse[2] HD	87				●	●	●	●
GSN	88				●	●	●	●
ShopHQ[7] HD	89	●	●	●	●	●	●	●
Hallmark HD	92		●			●	●	●
Hallmark Mystery HD	93		●			●	●	●
HSN2[7]	94	●	●	●	●	●	●	●
BUZZR	95	●	●	●	●	●	●	●
Travel Channel HD	96				●	●	●	●
BBC America HD	101			●	●	●	●	●
Newsmax HD	102			●	●	●	●	●
EuroNews[2,7]	103		●	●		●	●	●
BBC News[7]	104			●		●	●	●
Bloomberg TV[2] HD	105		●	●	●	●	●	●
FOX Business Network HD	106/772		●	●	●	●	●	●
C-SPAN 3[2]	107		●	●	●	●	●	●
Charge!	108	●	●	●	●	●	●	●
COZI TV HD	109	●	●	●	●	●	●	●
Localish (HD Only) HD	110	●	●	●	●	●	●	●
Start TV	112	●	●	●	●	●	●	●
MOVIES!	113	●	●	●	●	●	●	●
Antenna TV	114	●	●	●	●	●	●	●
C-SPAN 2[7]	115	●	●	●	●	●	●	●
NYS Legislative TV[7]	116	●	●	●	●	●	●	●
Local Programming	118	●	●	●	●	●	●	●

KIDS	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
Discovery Family Channel[2,7]	120					●	●	●
Nickelodeon HD	121			●	●	●	●	●
Nicktoons TV[7]	122					●	●	●
Nick Jr. HD	123				●	●	●	●
Teen Nick[7]	124					●	●	●
Disney Channel HD	31/125		●	●	●	●	●	●
Disney Junior HD	126		●	●	●	●	●	●
Disney XD HD	127					●	●	●
Cartoon Network[2] HD	32/128		●	●	●	●	●	●
Boomerang[2]	129				●	●	●	●
Universal Kids[7]	130					●	●	●
PBS Kids Thirteen	131	●	●	●	●	●	●	●

Networks	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
PBS World (WLIW)	132	●	●	●	●	●	●	●
PBS Create (WLIW)	133	●	●	●	●	●	●	●
EWTN[2,7]	135		●	●	●	●	●	●
AMANDA CHANNEL	136	●	●	●	●	●	●	●
Daystar[2,7]	136		●	●	●	●	●	●
Catholic Faith Network[2,7]	137		●	●	●	●	●	●
Jewish Broadcasting Service[2,7]	138		●	●	●	●	●	●
Discovery Life[7]	141					●	●	●
NHK World (HD only) HD	142	●	●	●	●	●	●	●
GET	143		●	●	●	●	●	●
DABL	145	●	●	●	●	●	●	●
American Crimes	146	●	●	●	●	●	●	●
Comet	148	●	●	●	●	●	●	●
Shop LC	149	●	●	●	●	●	●	●
MotorTrend (HD only) HD	150		●	●	●	●	●	●
Rewind TV	151	●	●	●	●	●	●	●
Crime & Investigation Network (HD only) HD	152			●	●	●	●	●
MTV Live (HD only) HD	153					●	●	●
Pop HD	154					●	●	●
Gem Shopping Network[7] HD	155	●	●	●	●	●	●	●
Great American Faith and Living[7]	156					●	●	●
The Cowboy Channel[7]	157					●	●	●
Nat Geo Wild HD	158					●	●	●
FXX HD	159				●	●	●	●
FYI HD	160					●	●	●
Vice TV HD	161					●	●	●
Smithsonian Channel HD	163					●	●	●
The Grio	164	●	●	●	●	●	●	●
Classic Arts Showcase[7]	165		●	●	●	●	●	●
Cooking Channel HD	166					●	●	●
Magnolia Network HD	167					●	●	●
Justice Central	168		●	●	●	●	●	●
Recipe.TV	169		●	●	●	●	●	●
Science Channel HD	170					●	●	●
Investigation Discovery HD	171				●	●	●	●
Destination America HD	172					●	●	●
American Heroes Channel	173					●	●	●
LMN[1]	174						●	●
FETV	175					●	●	●
Cleo TV	176		●				●	●
ReelzChannel[2] HD	177		●	●	●	●	●	●
TV One[2,7]	178					●	●	●
LOGO TV	179					●	●	●
OWN[2] HD	180					●	●	●
Jewelry Television[7]	182	●	●	●	●	●	●	●
QVC2[7]	183	●	●	●	●	●	●	●
Great American Family HD	184					●	●	●
BET Her[7]	185					●	●	●
MTV Classic[7]	186					●	●	●
CMT HD	187					●	●	●
Hallmark Family[7]	189		●			●	●	●
FX Movie Channel[7]	190					●	●	●
SundanceTV HD	192			●	●	●	●	●
Fox Weather[7]	193		●	●	●	●	●	●
MTV Tr3s[6,7]	195/1073					●	●	●
NBC Universo[6,7] HD	197/1074					●	●	●
Galavisión HD	198/1006				●	●		●

SPORTS	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
SportsNet New York HD	60/202			●	●	●	●	●
YES Network HD	70/201			●	●	●	●	●
MSG HD	71/203			●	●	●	●	●
MSG Sportsnet HD	72/204			●	●	●	●	●
Sports Overflow 1 HD	73/205			●	●	●	●	●
Sports Overflow 2 HD	206			●	●	●	●	●
ESPN2 HD	35/211		●	●	●	●	●	●
ESPN HD	36/210		●	●	●	●	●	●
FOX Sports 1 HD	83/213			●	●	●	●	●
FOX Sports 2[5,7]	214					●	●	●
CBS Sports Network[3,4] HD	215			●	●	●	●	●
ESPNEWS HD	216					●	●	●
ESPNU[3,4] HD	217					●	●	●
NFL Network[3] HD	219					●	●	●
NFL RedZone[3] HD	220							
NBA TV[2] HD	221/269					●	●	●
MLB Network[3] HD	222					●	●	●
NHL Network[3] HD	223/268							
The Golf Channel[3] HD	224					●	●	●
ESPN Deportes[6,7]	227/1066					●	●	●
Tennis Channel (HD only)[3] HD	226					●	●	●
FOX Deportes[6,7]	228/1067					●	●	●
TUDN[6,7] HD	229/1065					●	●	●
beIN Sports en Español[3,6,7] HD	230/1070							●
beIN Sports[3] HD	231							●
FOX Soccer Plus[1,7] HD	232							
GOL TV[3,7]	233							●
Game+[3,7]	238							
Willow[3,6,7]	239/1171							
World Fishing Network[3,7]	241							●
Sportsman Channel[3,7]	242							●
MavTV Motorsport Network[3,7]	243							
Fight Network[3,7]	244							
TVG Network[3,7]	245							●
SEC[4,7] HD	246					●	●	●
BTN[3,4] HD	247				●	●	●	●
ACC Network[3,4,7] HD	248				●	●	●	●
MLB Extra Innings/ NHL Center Ice (HD Only)[5,7] HD	254-267							
NBA League Pass (HD Only)[5,7] HD	270-279							

PREMIUMS	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
HBO On Demand[1,8]	300							●
HBO[1] HD	301							●
HBO2[1] HD	302							●
HBO Comedy[1] HD	303							●
HBO Zone[1] HD	304							●
HBO Latino[1] HD	305							●
HBO West[1] HD	306							●
HBO2 West[1] HD	307							●
HBO Signature West[1] HD	308							●
HBO Family West[1] HD	309							●
HBO Signature[1] HD	310							●
HBO Family[1] HD	311							●
Showtime On Demand[1,8]	320							●
Paramount+ with Showtime[1] HD	321							●
Showtime 2[1] HD	322							●
SHOxBET[1,7]	323							●
Showtime Next[1,7]	324							●
Showtime Family Zone[1,7]	325							●
Showtime Women[1,7]	326							●
Paramount+ with Showtime West[1] HD	327							●
Showtime 2 West[1] HD	328							●
Showtime Showcase West[1] HD	329							●
Showtime Showcase[1] HD	330							●
Showtime Extreme[1] HD	331							●
Starz On Demand[1,8]	340							●
Starz[1] HD	341							●
Starz Kids & Family[1] HD	342							●
Starz Edge[1] HD	343							●
Starz in Black[1,7]	344							●
Starz West[1] HD	345							●
Starz Comedy[1,7] HD	346							●
Starz Cinema[1,7]	347							●
Starz Encore On Demand[1,8]	350					●	●	●
Starz Encore[1] HD	351					●	●	●
Starz Encore Suspense[1,7]	352					●	●	●
Starz Encore Westerns[1,7]	353					●	●	●
Starz Encore Classic[1,7]	354					●	●	●
Starz Encore Black[1,7]	355					●	●	●
Starz Encore Family[1,7]	356					●	●	●
Starz Encore West[1,7]	357					●	●	●
Starz Encore Action[1,7]	358					●	●	●
Starz Encore Espanol[1,6,7]	359/1056					●	●	●
Cinemax On Demand[1,8]	370							
Cinemax[1,7] HD	371							
MoreMAX[1,7] HD	372							
ThrillerMAX[1,7] HD	373							
MovieMAX[1,7] HD	374							
Cinemáx[1,7] HD	375							
5 StarMAX[1,7] HD	376							
OuterMAX[1,7] HD	377							
Cinemax West[1,7] HD	378							
ActionMAX[1,7] HD	379							
TMC On Demand[1,8]	390							
TMC[1] HD	391							
TMC West[1,7] HD	392							
TMC Xtra[1,7] HD	393							
TMC Xtra West[1,7] HD	394							
Flix[7]	397					●	●	●

ON DEMAND & PPV	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
On Demand[1, 8]	500	●	●	●	●	●	●	●
Free On Demand[8]	502	●	●	●	●	●	●	●
Anime Network On Demand[1, 8]	507							
here! On Demand[1, 8]	509							
Adult Programming[1, 8]	520-533							
Pay Per View[1]	550-553							

INTERACTIVE	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
Netflix[8, 10]	600	●	●	●	●	●	●	●
You Tube[8, 10]	603	●	●	●	●	●	●	●
News 12 Interactive[8, 10]	612	●	●	●	●	●	●	●
Caller ID[9]	630	●	●	●	●	●	●	●
Amazon Prime Video[8, 10]	901	●	●	●	●	●	●	●
DVR Playback[9]	1000	●	●	●	●	●	●	●
Multi-Room DVR Playback[9]	1001	●	●	●	●	●	●	●

MUSIC	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
Stingray Music[7]	850-899	●	●	●	●	●	●	●

INTERNATIONAL	Ch.	Basic TV	Extra TV	Core TV	Value TV	Select TV	Everything TV	Premier TV
Estrella TV[7]	1010	●	●	●	●	●	●	●
HITN[6,7]	1011							
CNN en Español[6,7]	1012							
Discovery en Español[6,7]	1013							
Canal America[6,7]	1014							
Nat Geo Mundo[6,7]	1016							
History en Español[6,7]	1017							
Discovery Familia[6,7]	1018							
Tarima[6,7]	1019							
Ve Plus[6,7]	1020							
NTN24[6,7]	1021							
FOROtv[6,7]	1022							
Supercanal Caribe[6,7]	1023							
Telemicro Internacional[6,7]	1024							
Dominican View[6,7]	1025							
WAPA America[6,7]	1026							
Cuba Play[6,7]	1028							
Televisión Dominicana[6,7]	1029							
centroaméricatv[6,7]	1030							
Ecuavisa Internacional[6,7]	1031							
TV Chile[6,7]	1032							
Nuestra Tele[6,7]	1033							
Caracol TV Internacional[6,7]	1034							
SUR Perú[6,7]	1039							
Teleformula[6,7]	1041							
Canal Sur[6,7]	1042							
TVE Internacional[6,7]	1043							
Antena 3[6,7]	1044							
TeleXitos[7]	1048	●	●	●	●	●	●	●
Kids Street SAP[6,7]	1049							
Cine Mexicano[6,7]	1057							
Cine Latino[6,7]	1058							
ViendoMovies[6,7]	1059							
Gol TV (Spanish)[6,7]	1068							
HOLA TV[6,7]	1081							
Cartoon Network (SAP)[6,7]	1082							
Disney XD (SAP)[6,7]	1084							
RCN Novelas[6,7]	1085							
Videorola[6,7]	1086							
Pasiones[6,7]	1090							
Univisión tlnovelas[6,7]	1091							
Atres Series[6,7]	1092							
MAS CHIC[6,7]	1093							
INTI Network[6,7]	1094							
EWTN Español[6,7]	1097							
En Español On Demand[6,8]	1099							
Noire Africa[1,6,7]	1100							
CEEN[1,6,7]	1103							
CaribVision[1,6,7]	1104							
Tempo[1,6,7]	1105							
i24NEWS (in French)[1,6,7]	1108							
TV5MONDE[1,6,7]	1109							
BFMTV[1,6,7]	1110							
iTVN[1,6,7]	1115							
TVN24[1,6,7]	1117							
The Israeli Network[1,7]	1118							
Antenna Satellite[1,6,7]	1122							
Alpha[6,7]	1123							
RTPi[1,6,7]	1127							
SPT[1,6,7]	1128							
TV Globo[1,6,7]	1129							
TV Record[1,6,7]	1130							
ART[1,7]	1135							
Phoenix North America Chinese Channel[1,6,7]	1146							
Phoenix InfoNews[1,6,7]	1147							
The Chinese Channel[1,6,7]	1148							
ET Global NY[1,6,7]	1149							
CCTV-4[1,6,7]	1150							
NTD TV[1,7]	1151							
MBC[1,6,7]	1153							
The Korean Channel-TKC[1,6,7]	1154							
KBS World[1,6,7]	1155							
CTS America[1,6,7]	1156							
The Filipino Channel[1,6,7]	1161							
GMA Pinoy TV[1,6,7]	1162							
Jus Punjabi[1,7]	1164							
Eros Now On Demand[1,6,8]	1165							
TV Asia[1,6,7]	1167							
ITV Gold[1,6,7]	1168							
Zee TV[1,6,7]	1169							
SET[1,6,7]	1173							
RTVi[1,6,7]	1182							
RTN[1,6,7]	1183							
Shanson TV[1,6,7]	1188							
RAI Italia[1,6,7]	1194							
Mediaset Italia[1,6,7]	1195							
TV Quisqueya[6,7]	1027							

Key

● Basic TV ● Extra TV ● Core TV ● Value TV ● Select TV ● Everything TV ● Premier TV HD High Definition

Ossining Rockland

Channel Guide Lineup

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optimum.

Networks

5 StarMAX[1,7] HD	376
A&E HD	46
ABC (WABC) HD	7
ACC Network[3,4,7] HD	248
ActionMAX[1,7] HD	379
Adult Programming[1, 8]	520-533
Alpha[6,7]	1123
AMANDA CHANNEL	136
Amazon Prime Video[8, 10]	901
AMC HD	43
American Crimes	146
American Heroes Channel	173
Animal Planet[2]	57
Anime Network On Demand[1, 8]	507
Antena 3[6,7]	1044
Antenna Satellite[1,6,7]	1122
Antenna TV	114
ART[1,7]	1135
Atres Series[6,7]	1092
BBC America HD	101
BBC News[7]	104
beIN Sports[3] HD	231
beIN Sports en Español[3,6,7] HD	230/1070
BET HD	54
BET Her[7]	185
BFMTV[1,6,7]	1110
Bloomberg TV[2] HD	105
Boomerang[2]	129
Bravo HD	44
BTN[3,4] HD	247
BUZZR	95
C-SPAN[7]	65
C-SPAN 2[7]	115
C-SPAN 3[2]	107
Caller ID[9]	630
Canal America[6,7]	1014
Canal Sur[6,7]	1042
Caracol TV Internacional[6,7]	1034
CaribVision[1,6,7]	1104
Cartoon Network[2] HD	32/128
Cartoon Network (SAP)[6,7]	1082
Catholic Faith Network[2,7]	137
CBS (WCBS) HD	2
CBS Sports Network[3,4] HD	215
CCTV-4[1,6,7]	1150
CEEN[1,6,7]	1103
centroamércatv[6,7]	1030
Charge!	108
Cheddar News (HD Only) HD	1
Cine Latino[6,7]	1058
Cine Mexicano[6,7]	1057
Cinemax[1,7] HD	371
Cinemáx[1,7] HD	375
Cinemax On Demand[1,8]	370
Cinemax West[1,7] HD	378
Classic Arts Showcase[7]	165
Cleo TV	176
CMT HD	187
CNBC HD	24
CNN[2] HD	25
CNN en Español[6,7]	1012
CNN Headline News[2]	59
Comedy Central HD	50
Comet	148
Cooking Channel HD	166
COZI TV HD	109
Crime & Investigation Network (HD only) HD	152
CTS America[1,6,7]	1156
Cuba Play[6,7]	1028
CW (WPIX) HD	11
DABL	145
Daystar[2,7]	136
Destination America HD	172
Discovery Channel[2] HD	27
Discovery en Español[6,7]	1013
Discovery Familia[6,7]	1018
Discovery Family Channel[2,7]	120
Discovery Life[7]	141
Disney Channel HD	31/125
Disney Junior HD	126
Disney XD HD	127
Disney XD (SAP)[6,7]	1084
Dominican View[6,7]	1025
DVR Playback[9]	1000
E! HD	51
Ecuavisa Internacional[6,7]	1031
En Español On Demand[6,8]	1099
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Customers receiving service through their apartment or housing complex may still have the retired Optimum Silver package. The Optimum Silver package includes all channels in the Optimum Select package, as well as MGM, Lifetime Movie Network, and the HBO, Showtime, and Starz suites of channels. Commercial Bulk customers with the Optimum Preferred package receive the same content that is included in Select TV.

1 Priced individually. Visit optimum.com/pricing
2 Also available as part of Economy TV
3 Available as part of the Sports Pack
6 Available with International Channels. Certain channels available as individual selections. Visit optimum.com/pricing
7 Select digital cable-ready devices may require a compatible Tuning Adapter (with a CableCARD) to view. Separately, channels are not available to view on a DTA.
8 Optimum One/Optimum TV box: To find these channels/categories, press the home button on your remote and scroll to make your selection. Channel Apps may require a separate subscription.
9 Not available with Optimum One/Optimum TV box.
10 Only available with Optimum One/Optimum TV box.
11 A Samsung cable box is needed to view these channels.